



WEEK 3 DISCUSSION GUIDE

Plan to Be a Blessing

Intro: Our choices shape our lives and affect the people around us. God calls us to take responsibility for our own lives and help carry one another's burdens.

1. Carry Burdens with Christlike Love

1. **Read:** Galatians 6:2-5.
2. **Observe:** In Galatians 6:2-5, what two kinds of carrying does Paul describe: carrying one another's burdens and carrying one's own load?
3. **Reflect:** How can believers carry another person's burden without taking over responsibilities that person needs to carry for themselves?
4. **Reflect:** How does Christ's way of loving people help explain why love includes both grace and responsibility?

2. Consider Where Your Choices Lead

1. **Read:** Galatians 6:7.
2. **Observe:** According to Galatians 6:7, what is the connection between what a person sows and what that person eventually reaps?
3. **Apply:** Think about one area of your life right now: If this continues, where does it lead you? Where does it leave you? And where does it leave the people around you?

3. Take a Responsible Next Step

1. **Read:** Proverbs 27:12.
2. **Apply:** Is there a mess you need to clean up rather than hoping someone else will absorb it? What is one honest next step?
3. **Apply:** What small daily deposit could you begin making now in one area that is hard to "catch up" in—relationally, financially, physically, or spiritually?

Outro: Complete this sentence: "To be a blessing this week, I will _____."

Prayer: Father, help us take responsibility for our choices and carry one another's burdens with Christlike love. Give us wisdom to see where our choices lead and courage to take a faithful next step. Amen.